



Syllabus

2024 Summer School

Course Title	Introduction to Health and Wellness in Korea		
Instructor	Hyo-Bum Kwak, Ju-Hee Kang, Seung Woo Choi, Sujeong Kim		
Class Room	(TBA)	Credits	2
E-mail	kwakhb@inha.ac.kr	Class Type	B

Course Description

This class covers interesting topics in health and wellness issues in Korea. The classes include lecture, practice, and site visit to health institutes.

Course Objectives

The objectives of this class are helping students to understand current issues in health science and wellness in Korea and comparing those with their home countries. Throughout the class students will be able to understand most common health problems in Korea and problem solving strategies to solve the health issues in Korean health and wellness system.

Text Books

None

Other Texts and References

None

Class Structure

Individual professors will take care of each class independently. Grade (Pass/Fail) will be given based on attendance.



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Notes						
Grading						
Exam	Attendance	Assignments	Quiz	Discussion	Etc.	Total
	100%					100%

Course Schedule

Type	Date	Time	Class Topics	Notes
Class 1	July 30 (Tue)	09:00-12:00 또는 13:00-16:00	Traditional & Modern Medicine in Korea	Kang
Class 2	July 31 (Wed)		New Drug Development and Medical Research in Korea	Kang
Class 3	Aug. 1 (Thu)		Site visit: Clinical Trial Center	Kang
Class 4	Aug. 5 (Mon)		Substance Use Disorders	Choi
Class 5	Aug. 6 (Tue)		Site visit: Older Adult Center (Seongnam Senior Industry Innovation Center)	Choi
Class 6	Aug. 7 (Wed)		Mental Health in Korea	Kim
Class 7	Aug. 8 (Thu)		Korean Traditional Games	Kwak
Class 8	Aug. 12 (Mon)		Korean Martial Arts	Kwak
Class 9	Aug. 13 (Tue)		Site Visit and Experience: Seonhak International Ice Rink (http://www.seonhakerink.or.kr/)	Kwak