



# Syllabus

2018 Summer School

<b>Course Title</b>	Introduction to health and wellness in Korea		
<b>Instructor</b>	Min Sohn, Hyobum Kwak, & Kang Ju-Hee		
<b>Class Room</b>	TBA	<b>Credits</b>	2
<b>E-mail</b>	<a href="mailto:sohnmin@inha.ac.kr">sohnmin@inha.ac.kr</a>	<b>Class Type</b>	B

<b>Course Description</b>						
This class covers interesting topics in health and wellness issues in Korea. The classes include lecture, discussion and site visit to sports institutes.						
<b>Course Objectives</b>						
The objectives of this class are helping students to understand current issues in health science and wellness in Korea and comparing those with their home countries. Throughout the class students will be able to understand most common health problems in Korea and problem solving strategies to solve the health issues in Korean health and wellness system.						
<b>Text Books</b>						
None						
<b>Other Texts and References</b>						
None						
<b>Class Structure</b>						
Individual professors will take care of each class independently. Grades will be given based on assignments (short essays) and attendance.						
<b>Notes</b>						
<b>Grading</b>						
<b>Exam</b>	<b>Attendance</b>	<b>Assignments</b>	<b>Quiz</b>	<b>Discussion</b>	<b>Etc.</b>	<b>Total</b>
0 %	30 %	70 %	0 %	0 %	0%	100%

## Course Schedule

Type	Date	Time	Class Topics	Notes
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Class 1	July 24		Health care systems in Korea	Sohn
Class 2	July 24		Health issues of birth in Korea	
Class 3	July 25		Health issues of illness in Korea	Sohn
Class 4	July 25		Health issues of aging and dying in Korea	Sohn
Class 5	July 26		Basic physical examination I	Sohn
Class 6	July 26		Basic physical examination II at Inha Nursing Simulation for Teaching and Research Center	Sohn
Class 7	July 30		Traditional & Modern Medicine in Korea	Kang
Class 8	July 30		History of Medical Research in Korea	Kang
Class 9	July 31		Current Issues of Medical Research in Korea	Kang
Class 10	July 31		New Drug Development; Challenge & Opportunity in Korea	Kang
Class 11	Aug 1		Site visit	Kang
Class 12	Aug 1			
Class 13	Aug 2		Exercise & Sports in Korea 1	Kwak
Class 14	Aug 2		Exercise & Sports in Korea 2	Kwak
Class 15	Aug 6		Exercise and Health Promotion in Korea 1	Kwak
Class 16	Aug 6		Exercise and Health Promotion in Korea 2	Kwak
Class 17	Aug 7		Korean Martial Arts 1	Kwak
Class 18	Aug 7		Korean Martial Arts 2	Kwak
Class 19	Aug 8		Site visit	Kwak
Class 20	Aug 8			