



Syllabus

2017 Summer School

Course Title	Introduction to health and wellness in Korea		
Instructor	Min Sohn, Hyobum Kwak, Sihyun Park		
Class Room	TBA	Credits	2
E-mail	sohnmin@inha.ac.kr	Class Type	B

Course Description

This class covers interesting topics in health and wellness issues in Korea. The classes include lecture, discussion and site visit to sports institutes.

Course Objectives

The objectives of this class are helping students to understand current issues in health science and wellness in Korea and comparing those with their home countries. Throughout the class students will be able to understand most common health problems in Korea and problem solving strategies to solve the health issues in Korean health and wellness system.

Text Books

None

Other Texts and References

None

Class Structure

Individual professors will take care of each class independently. Grades will be given based on assignments (short essays) and attendance.

Notes

Grading

Exam	Attendance	Assignments	Quiz	Discussion	Etc.	Total
0 %	30 %	70 %	0 %	0 %	0%	100%



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Course Schedule

Type	Date	Time	Class Topics	Notes
Class 1	July 18	14:00~16:00	Understanding health in Korean cultural basis I: from Confucianism to modernizing	Park
Class 2	July 19	11:00~13:00	Understanding health in Korean cultural basis II: Family	Park
Class 3	July 19	14:00~16:00	Understanding health in Korean cultural basis III: Gender inequality	Park
Class 4	July 20	14:00~16:00	Understanding health in Korean cultural basis IV: Substance abuse	Park
Class 5	July 20	16:00~18:00	Understanding health in Korean cultural basis V: Stress and suicide	Park
	July 24	11:00~13:00	NO CLASS	Sohn
Class 6	July 24	14:00~16:00	Health care systems in Korea	Sohn
Class 7	July 25	14:00~16:00	Health issues of birth and illness in Korea	Sohn
Class 8	July 26	11:00~13:00	Basic physical examination I	Sohn
Class 9	July 26	14:00~16:00	Basic physical examination II at Inha Nursing Simulation for Teaching and Research Center	Sohn
Class 10	July 27	14:00~16:00	Health issues of aging and dying in Korea	Sohn
Class 11	July 31	11:00~13:00	Exercise & Sports in Korea	Kwak
Class 12	July 31	14:00~16:00	Exercise and Health Promotion in Korea	Kwak
Class 13	August 2	14:00~16:00	Korean Martial Arts	Kwak
Class 14	August 3	13:00~17:00	Site visit	Kwak
Class 15				